


Transition of Care for Adult Thalassemia Patients



From KKH to SGH
(March 2012)




Introduction

- Discussion for the transition of care of the adult thalassemia patients from KKH to SGH started in May 2011
 - Transition of care started in August 2011
 - These slides provide a current overview on the transition of care from KKH to SGH for the adult thalassemia patients
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(There may be variations from the workflow described for some individuals or in some situations. There may also be changes to the common workflow described when the need arises.)



Aims

- Allow smooth transition of care of thalassemia patients from the “children’s” unit in KKH to the “adult” unit (Department of Haematology) in SGH
 - Allow adult thalassemia patients to be cared for in an “adult” unit
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18 year old and above thalassemia major/ intermedia patients or transfusion-dependent patients



KKH doctors or nurses will identify patients
(need the agreement of primary paediatrician-in-charge)



KKH Haematology Resource Nurse (HRN) will be informed



KKH HRN will explain to patients or parents (patients 18 to <21 years old) about transition of care to SGH.

Consent for release of medical information obtained.

KKH HRN and primary pediatrician-in-charge will prepare the detailed medical information necessary for the transition of care

KKH HRN will inform doctor-in-charge at SGH Haematology about patients who have agreed for transition of care



- SGH appointment date/time informed to KKH HRN who will convey the information to patients (First SGH appointment date usually at least 1 week ahead of next transfusion date)
- KKH HRN to request for alternative date of first SGH appointment if original date is unsuitable for patients



Patients continue blood transfusions at KKH until seen at SGH.



KKH HRN will transfer patient's medical information necessary to facilitate transition of care to doctor-in-charge at SGH Haematology in advance of appointment date/time



Group and cross-match (GXM)

- 2 days in advance for washed blood
- At least 1 day in advance for normal blood (for 1st time GXM in SGH, better to do 2 days in advance in case of new red cell allo-antibodies developing)
- May come during office hours Mondays-Fridays

Haematology Centre

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graph TD; HC[Haematology Centre] --> GXM[Group and cross-match (GXM)]; HC --> Pharm[Pharmacy (consummables only available at Block 4 Pharmacy)]; HC --> App[Doctor's appointment]; HC --> BT[Blood Transfusion];
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Pharmacy

(consummables only available at Block 4 Pharmacy)


Blood Transfusion

Doctor's appointment

- Friday mornings
- Except for 1st appointment, will try to time exactly to transfusion or GXM dates
- Patients seen monthly to 3-monthly
- Need not see patient at every GXM is stable



Blood Transfusion

- Transfusion dates to be booked in advance and GXM date fixed by staff nurse in charge at Haematology Centre
 - If unable to come for GXM and transfusion on prefixed date: may call to change
 - Instructions and blood test forms to be collected from staff nurse in charge before proceeding for GXM
 - Weekdays: Up to 3 units possible
 - Saturdays:
 - Possible for 3 units of blood since January 2012 even though Haematology officially only opens for half-day
 - Coverage by nurse from adjacent ward after office hours
 - Total capacity of patients less than weekdays
 - Need to come early and be punctual on Saturdays to ensure smooth completion of transfusions
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Collaboration with other disciplines

